



Rocky Mountain Outdoors

Our
29th Year

Feb./Mar. 2002

The Newsletter of Rocky Mountain Outdoor Writers and Photographers, Inc.

www.rmowp.org

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2002 RMOWP AWARDS COMPETITION RULES and 2002 Denver Conference Agenda

Winter Photography



Wolf in Yellowstone in January

Photo by Lynn Starnes

From The President

Thinking Ahead

by
Russ Bromby



I have several things to cover this time, not the least of which is encouragement to attend our annual meeting in Denver from June 12 to June 15, 2002. It'll be on us before we know it. Conference Chair Lee Carr has put together an excellent program that I believe everyone can benefit from and have a good time as well. Check out the information on the conference in this issue.

The second thing is the annual photo and writing competition. Long-time member Ron Hellbusch is new to the awards chair post this year and he expects lots of submissions. Let's not disappoint him. And don't delay, work on your submission right away to make the deadline. Details are in this issue.

The last is a bit of transition for me. I am going to retire from the Colorado Division of Wildlife at the end of February. I have been with the Division for nearly 30 years and, folks, that's long enough. I have been a member of RMOWP for almost that many

years and I intend to continue being a member for a long time, god willing and membership standards notwithstanding. I will probably have to relinquish my membership in OWAA, however.

It seems that their membership standards provide that you can only qualify for retired status by being either 65 (I am quite a bit short of that) or having been a member for 20 years (I have only been with that august organization since 1988). Of course, I can qualify for membership with them by freelancing enough paid articles over the year, but I'm not sure I want to go in that direction in my next career. Oh well, it's probably time to move on

But it does focus my attention on RMOWP's discussion on membership standards and I don't think that this organization wants to be as rigid as OWAA in accepting, and keeping, members. Ours has always been a learning group and I think that we want to make sure that people who are interested in joining our group can do so. Starting out in this business is hard enough. The enthusiastic writer or budding photographer just beginning a career is told by prospective employers that they want experience, but how do you get that experience if no one will hire you?

Everyone faces it, but maybe we can help that process by encouraging those young writers and photographers. It may cost us a sponsor or two, but so be it. I think that we will be able to accommodate both the professional who has worked for 30 years and the novice with an interest in outdoor communications who may very well blossom under our support into a top-notch professional who is spreading the good word about the outdoors.

For those of you who converse via e-mail, my new e-mail address is rbromby@wideopenwest.com, active now. The old e-mail of russ.bromby@state.co.us will be active until the end of February. Send snail mail to my house at 2207 S. Flower Ct., Lakewood, CO 80227 or call me at 303-989-3002.

I look forward to seeing you all in Denver.

Russ

Newsletter Notes

By Maryann Gaug

Thank you to everyone who submitted articles and photos for this issue! Unfortunately I didn't have room for everything but

there's always next issue. I did include information on several writing and photography workshops and of course there is our Denver conference agenda. Remember to read the photography and writing competition rules and make sure to enter! The slide show at conference is always a highlight and it's great to see members in print.

Rocky Mountain Outdoors

Published bimonthly by Rocky Mountain Outdoor Writers and Photographers, Inc.

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For those of us who are memory challenged when it comes to userids and passwords, here's a reminder of how to access membership only information on RMOWP's website: www.rmowp.org. Userid = rmowp, password = freelance.

Discovering Discover the Outdoors: Dotcoms Not All Gone

Late last year I filled this space with the some gloom and doom. I mentioned the down turn in the economy, that it had affected many of us, including those that write for the Internet. A few of the outdoor dotcoms have gone by the wayside, and another has folded since my column. But the picture painted wasn't entirely accurate. Chris Chaffin, Executive Director of Discover the Outdoors (www.DTO.com) dropped me a line to let me know DTO was going strong, even expanding.

DTO has something to offer most any outdoorsman or woman; you can find a diversity of subject matter. It has editorial on hunting and fishing, both fresh and saltwater. You'll find stories on camping and shooting sports, an activity not too widely covered in other outdoor media. Perhaps most unique about DTO are the sections on women outdoors and the outdoor cooking.

The woman's section really focuses on women outdoors. "There's a unique mind set for the outdoor woman," said Chaffin. "We're looking to have experienced outdoor women providing editorial content for other outdoor women. The issues faced by women are addressed by women."

While other outdoor web sites have slowed down on buying freelance material, DTO is pulling together an aggressive editorial program, planning on having upwards of 20 fresh articles a month with three to five areas of focus relevant to the season. That's essentially hunting in fall and winter, fishing and camping in the warm months, probably with some overlap.

DTO presently sends out story needs list to a cadre of writers on its mailing list. At this point, DTO is building a base of how-to and where-to stories and prefers to assign stories, instead of taking queries; but story proposals aren't necessarily discouraged. A good editor is not likely to turn down a good idea.

"We recognize there's been challenges in the dotcom world," said Chaffin. "That world is not dead. The Internet is and continues to be a strong media, a real place for multi-use sites, and we want to be the best out there -- we want to work with the best writers out there."

If you're interested in writing for DTO, Chaffin suggests sending an email to editor Walt Tegemier (content@dto.com), giving a brief outline of your qualifications and focus. The story needs list goes out quarterly.

For tips on writing for the Internet, Chaffin says the medium is not appreciably different than print, but states that readers on the Internet are browsers—they move quickly through content.

Outdoors With The ED

by
Craig Springer



DTO visitors are looking for information. The medium requires tight, concise writing, but still requires good graphics.

Chaffin couldn't give specifics about DTO's plans for the future, but did say his company recognizes the great number of non-consumptive users of wildlife and natural resources. When pressed for details, Chaffin says "stay tuned."

If DTO's plans for the future are anything like what's on the sight now, it will be good. The graphics and design are stunning.

Chaffin points out that his company pays on acceptance and that when working with his people, you're working with professionals and you'll be treated as such. The pay scale is above average for the medium.

Log on and look around.

Conference Fishing Trip Taking Shape

Greenback cutthroat trout. You can only find these fish on the east slope of the Front Range. This rare fish once stared extinction in the face but today you can fish for them in select lakes and streams—and write about it for national audiences.

I'm arranging a fishing trip as an alternate to the Mt. Evans trip on Friday June 12. You'll not only have a chance to catch colorful cutthroats, but biologists from the US Fish and Wildlife Service, National Park Service, and members of Trout Unlimited involved in the restoration of this fish will be available for interviews and photos.

The restoration of greenbacks has not been without controversy, and writers can take many angles on the story. Given the time of year, the fish may be in full spawning splendor, a pallet of colors for cameras.

If you want to fish for greenback cutthroats, call me or send an email to craig@rmowp.org. It's low-hanging fruit.

Directory Update (Note: The web site is your best source for accurate directory listings.)

New Email Addresses		New Members	
John Catsis	johncatsis@hotmail.com	Donald Mammoser	Bob Willis
Ron Hellbusch	ron-hellbusch@attbi.com	12551 W. Prentice Pl.	8844 E. San Rafael Drive
Lynn Starnes	wildlifephotos@Prodigy.Net	Littleton CO 80127	Scottsdale AZ 85258
New Members		(h) 303-948-1691	(h) 480-443-8164
Joel L. Evans	Verne Lehmborg	(w) 303-948-1691	(w) 480-443-8164
2754 Stellar Ct.	420 Ridgeview	djmamm@juno.com	bobtravel@aol.com
Montrose CO 81401	Dayton TX 77535	www.donmammoser.com	
(h) 970-249-1336	(h) 936-258-8505		
(w) 970-240-1264	(w) 281-425-6334		
evanscolo@msn.com	vernelehmborg@yahoo.com		
Cindy Stone	Deborah Swartzentraber	Winter Addresses	
22 Ward Ct.	5706 W. Hwy 160	Dusty Lee and Jay Fullinwider	
Lakewood CO 80228	Monte Vista, CO 81144	4620 N. Winchester Road	
720-313-4822	(h) 719-852-0166	Apache Junction AZ 85219	
cindy@escapademediamedia.com	(w) 719-873-0202	(Dusty's email) dustylee27@hotmail.com	
		(Jay's email) scenic@fone.net	

Rocky Mountain Outdoor Writers and Photographers

CONFERENCE 2002

Denver, Colorado

June 12 – 16, 2002

Wednesday, 6/12

Afternoon Registration at Travelodge Denver West (6th and Simms)

2:00 – 5:00 p.m. Board Meeting – Forest Service Auditorium

5:00 p.m. Mixer and Happy Hour – dinner on your own

7:30 p.m. Photo Contest Slide Presentation – Forest Service Auditorium

Thursday, 6/13

8:30 a.m. Forest Service Auditorium
Welcome and greeting from President and housekeeping issues.

Workshop Subjects and Speakers
The Existing Light Photography
Taking pictures in subdued light by William Inman

How to Write for Game and Fish
Publications by Burt Carey, Editor of Rocky Mountain Game and Fish (Tentative)

11:30 a.m. Lunch break – on your own

1:15 p.m. Field Trip (By vans- Leave the Driving to us)
1. Colorado Railroad Museum
(www.crrm.org)
2. Dinosaur Ridge National Natural Landmark (www.dinoridge.org)

5:00 p.m. BBQ at Betty and Bob Minor's house

7:15 p.m. Heritage Square Music Hall – Show time is 8 p.m. – Transport by van

Friday – 6/14

8:30 a.m. Field Trip all day
Box lunches - Transportation by Van to Mount Evans via the highest paved road in North America. Presentations by the Forest Service and Colorado Division of Wildlife and many photo opportunities including mountain goats and bighorn sheep. (coloradobyways.colorado.edu, www.wildernet.com, www.mtevans.com)

Optional Field Trip
See Craig's column on greenback cutthroat trout field trip, page 3.

3:00 – 5:00 p.m. Buffalo Bill's grave and museum on Lookout Mountain -Tentative

6:00 p.m. Dinner on your own

8:00 p.m. Writers Critique Session - Forest Service Auditorium

Saturday, 6/15

8:30 a.m. General Membership Meeting – Forest Service Auditorium

10:00 a.m. Workshops
Outdoor Photography Publishing by John Fielder- Tentative
Others to Be Announced

Noon Lunch on your own

Early Afternoon On your own

4:00 p.m. Auction – Forest Service Auditorium

6:00 p.m. Banquet and Awards Presentation at Travelodge Denver West

Sunday, June 16

8:30 a.m. Board Meeting (location to be announced)
Breakfast Anyone Else? – on your own

Travelodge Denver West Chosen For Conference Headquarters

The Lakewood Travelodge Denver West will be headquarters for the RMOWP Conference June 12-15, 2002. Most of the workshops and other indoor activities, however, will take place in the Forest Service, Regional Office Auditorium that is next door to the Travelodge Denver West. It is an easy walk. There is a special rate of \$69 per night plus tax for two people for

members of Rocky Mountain Outdoor Writers and Photographers who reserve their rooms by May 12, 2002 (make sure you tell them you're attending the RMOWP Conference). This price includes an evening meal (Mon-Fri) for hotel guests. There are many restaurants near the headquarters. We will provide a guide map. The Travelodge Denver West is at 11595 West Sixth Avenue, Lakewood, Colorado 80215, and the telephone number is 303-238-7751. (North of Simms/Union Exit from 6th Avenue Freeway)

RMOWP Denver Conference Information Continued



Roxborough State Park south of Denver

Photo by Lee Carr

Camping Spots for RV Loving Members

R.V. Parks in the vicinity of the Conference site:

Golden Clear Creek RV Park: 1400 10th St.,
phone 303-278-1437

Full hook-ups \$31.00/night (\$27.90 w/ Good Sam)

Electric only \$27.00 (\$24.30 w/ Good Sam)

This is a lovely quiet park on the creek, adjacent to a city park with swimming pools, tennis courts, and hiking trails.

The only problem, they do not take reservations and are usually full. However the manager said if you call after 10 a.m., he will save a site if available for that day with a credit card number.

Prospect RV Park: 11600 W. 44th Ave., phone 303-424-4414

Full hook-ups \$30.00

Electric & water: \$24-26

If you stay 6 nights the 7th is free. This is a nice, quiet park, adjacent to an open space park with hiking trails

Dakota Ridge RV Park: 17700 W. Colfax, phone 303-279-1625
or 800-398-1625

Full hook-ups only \$33.00 (\$30 w/ Good Sam)

This is a large (141 sites) new park w/ paved sites, probably the closest to the conference site.

If you have any questions, please contact Betty Minor at 303-279-6829 or bettyrminor@aol.com.

Nominations Are Now in Order

Lee Carr, Immediate Past President

The Past Presidents' Council is responsible for submitting to the membership a slate of nominees for the elective positions in the organization. This year the Council is seeking nominees for Secretary (currently Anne Sullivan) and three Board Members (currently Jim Baker, Beto Gutierrez, and Hal Shymkus) all whose terms expire in 2002. If you are interested in accepting a nomination please contact any past president. Some of the more recent past prez's, to name a few, are John Casis, Kelly Gatlin, Beto Gutierrez, Dusty Fullinwider, Bob Hyde and Jay Fullinwider. Or contact the immediate past president, Lee Carr (970-261-8609 cell) who chairs the Council.

The only qualifications for these offices are Active Membership in RMOWP and a willingness to serve. Traditionally the Board has met two times during the year. In a nutshell the responsibilities are as follows:

The **Secretary** serves on the Board of Directors and records all proceedings of the corporation and directors. The term of office is for two (2) years.

There are ten (10) **Directors**, each serving a three-year term. They are responsible for managing the business and making policies for the organization.

Give it some thought. Any past president would love to hear about your interest. This approach is always better than getting a call from one!

Pre and/or Post Conference Vacation Opportunities (near Denver)

Plan to come early or stay after the Conference and enjoy many of the following activities that are in or near the Denver Area. We will have brochures at the Conference but you may want to check out their web sites for additional information.

Denver Museum of Nature and Science and IMAX Theater (www.dmnh.org)

Air Force Academy (Colorado Springs)
(www.usafa.af.mil/hc)

Rocky Mountain National Park (Estes Park and Grand Lake) (www.nps.gov/romo/)

Georgetown Loop Narrow Gauge RR (Silver Plume)
(www.georgetownloop.com)

Barr Lake State Park (Brighton)
(www.parks.state.co.us/barr/index.asp)

Roxborough State Park (Littleton)
(www.parks.state.co.us/roxborough)

Butterfly Pavilion (www.butterflies.org/ovrvw.cfm)
Colorado Ocean Journey (www.oceanjourney.org)

Colorado Rockies Baseball (Denver)
(www.coloradorockies.com)

South Platte River Fishing
(www.gorp.com/gorp/activity/fishing)

Guanella Pass Scenic and Historic Byway
(www.mtnconnection.com/guanella_pass.htm)



Bristlecone and Mt. Evans Road

Photo by Lee Carr

Member News

RMOWP Member's Fourth Book Published

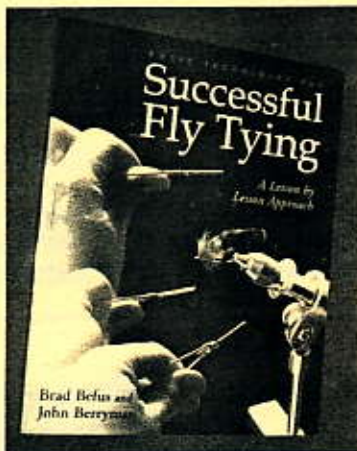
By Al Marlowe

RMOWP member John Berryman recently co-authored his fourth book, *Basic Techniques For Successful Fly Tying*. Published by Pruett Publishing Company, Boulder, CO, it was released in December 2001. Berryman has been published in a several outdoor magazines, including *Field and Stream*, *In-Fisherman*, and *Bassin*.

Berryman worked with Brad Befus of Montrose, CO, where Befus works in the fly fishing industry as a manufacturer's representative. The joint venture combined Befus' expertise in tying and Berryman's experience in word crafting and photography. The final result is an excellent work that will take a beginner from getting started, and assists the tier in acquiring the skills needed to produce a fish-catching fly.

The text and photos illustrate the importance of selecting quality materials, correct proportions necessary to produce a balanced fly, working with dubbing, and handling tying thread. It demonstrates the proper techniques of getting the tail correct, working with a variety of body materials, wrapping hackle, and adding wings.

At a price of \$21.95, the quality of the printing makes the large format (8.5x11 inches) book a bargain. The book begins by covering the tools and materials a tier uses. It illustrates the basic techniques used in tying a fly. Excellent color photos demonstrate each step. Easy to understand text explains in detail the method illustrated in each photo. *Successful Fly Tying* is a must have book for anyone who wants to learn to tie flies. Experienced tiers will find it valuable for dealing with problems and improving technique.



Britt Tallon's Tongue Wins Master \$50

From John Catsis

Want to know what Jim Tallon's dog, Britt, looks like? Check out page 21 of the February issue of *Popular Photography*. Jim won an honorable mention for prominently displaying Britt's giant tongue. And \$50.

From Jim himself: Jim also took the cover photo for the February 2002 issue of *Trailer Life*—Montezuma Castle in the national monument of the same name.

Member Myers Recounts Washington's 1st Battle

From Jay Myers

For those who may have missed J. Jay Myers' article in the *American History Magazine* you can read it on the internet in March at <http://www.historynet.com>. *George Washington's Dire Straits* tells how General Washington almost lost the whole Revolution in the first real battle of the war.

Arizona Farm Bureau Recognizes Don Martin

From Don Martin



Photo by Pam Teskey.

Don Martin received the Arizona Farm Bureau's "Service to Agriculture Award for the Print Media for 2001" on November 8, 2001. The group has over 14,000 members in the state. He was very honored—and surprised—to receive the award. Unknown to him, he had been nominated by members of AFB who live in Mohave County.

Don is a writer for the *Kingman Daily Miner* newspaper in Kingman, AZ. He had written a number of articles in his weekly column about improving sportsmen/landowner relations in Arizona. He truly believes that sportsmen need to work with farmers and ranchers to solve conflicts on issues that affect us all.

RMOWP Scholarship Reminder

Scholarship forms for students in the fields of outdoor writing or photography are due February 15, 2002 to Jeff Pederson, 103 Michelle Drive, Santa Fe, NM 87501. The application form was in the Dec./Jan. newsletter or you can print it from our website, www.rmowp.org. Questions? Contact Jeff at (505) 476-8113 or jpederson@gmsh.state.nm.us.

Dues are Due

Dues renewal forms were sent out the beginning of February. If you didn't receive one, contact Phil Springer, phil@rmowp.org or (505) 896-2501.

2002 RMOWP AWARDS COMPETITION

We look forward to each member sharing his or her writing and photography work for competition. Remember by submitting your work, you can be recognized for your good efforts in 2001 and equally important your material will be provide professional growth and enhancement for everyone in RMOWP as well. The year's program deadline for receipt of your contest entries is Friday, March 15, 2002. Please share your skills with the membership! Displays of submitted work and awards will be presented at the Denver 2002 conference banquet, June 12-15.

- First place winners will receive a plaque noting their respective category and award. Second and third place winners will receive framed certificates noting the same information.
- All entry material must have been produced since January 1, 2001, with the exception of books, movies, videos, and publicity material which is allowed two years prior, from January 1, 2000.
- Entry material can be taken or based anywhere in the world.
- Limit entries to three (3) per category. Mark each entry with name, address and the category numbers as listed below; and title each piece of work, print or slide.
- Show an arrow on the top of slides and photos to tell judges how to properly display work.
- Judging will be by faculty of the Front Range Community College, State Parks and Outdoor Recreation and State Division of Wildlife writing and photography professionals, except the member's choice category.
- All entries can be picked up at the awards banquet, or if preferred provide packaging and postage (SASE) for return mailing.
- If you have questions, please call Awards Committee Chairman, Ron Hellbusch at 303-438-0482 or email Ron-Hellbusch@attbi.com

Send all entries to the following address:

Ron Hellbusch RMOWP Entry
3815 W. 100th Avenue
Westminster, CO 80031

Enclose \$5.00 to cover all entries (checks to RMOWP)

Deadline – March 15, 2002

PHOTOGRAPHY – 35 mm SLIDES

1. People in the Outdoors – People can be part of a larger scene but should not clearly be the center of attention; may be a single person or a group of people.
2. Scenics – Depicts the natural world in which the center of attention is not flora, fauna, people, or man-made structures, although these subjects may be included as part of the larger scene. Scenics may include broad landscapes, such as waterfalls, streams, and rock formations, as examples.
3. Flora – Can include flowers, trees, leaves, cactus, and other plants that can be part of a larger scene, but should clearly be the center of attention in the picture.
4. Fauna – Can include a single subject or group of subjects. Includes all of the animal kingdom; mammals, fish, birds, reptiles, insects or any living creature except humans. The fauna can be part of a larger scene, but should clearly be the center of attention in the picture. Fauna can include a single subject or a group of subjects.
5. Best Slide from Last Conference – Must have been shot in conjunction with the RMOWP's 2001 conference in Alamogordo. Photos may be of organized events or by individual initiative at the site of the conference and its workshops and field trips. Anything shot from the opening day through the closing day is eligible. In addition to technical excellence, humor and human interest may be considered in the judging.
6. Historical – Are generally scenics and/or structures depicting an area of historical interest, such as old mines, ghost towns, ancient Indian dwellings, old forts, churches or similar historical sites.
7. Cultural – Depicts outdoor festivals and would probably include people in the photos. Examples would be Cinco di Mayo, harvest festivals, dances, parades, etc.
8. Events – Includes natural happenings, such as forest fires, storms or floods, etc.
9. Best of Show – Considers the first place of all individual slides, categories 1 to 10. There will be no 2nd or 3rd place awards in this category.

PHOTOGRAPHY – PRINTS

Only outdoor subjects are to be considered. Subject(s) may include scenics, people, flora, and fauna. Prints should be unframed. Size at least 8 X 10 inches. Type of finish is optional and quality of reproduction process will be considered.

10. Color Prints.
11. Black and white prints.
12. Digital prints. Submit print from a color printer. Source can be a scan from emulsion photos or from an original digital image. This category includes prints from a photo lab that scanned in a slide then printed it.

More on next page.

2002 AWARDS COMPETITION (cont'd.)

PHOTOGRAPHY – PUBLISHED WORKS

Subjects may include outdoor scenics, people, flora and fauna. Works must have been published since January 1, 2001 (except books and TV / movie / video scripts may have been produced since January 1, 2000). Photography may have been published in newspapers, books, magazines, calendars, postcards, posters, newsletters, and other publications for which payment is received, or which is part of an individual's employment or volunteer effort. If several photographs are published, only one photograph from the publication is submitted for competition. Judges may take into consideration the quality of the publication and reproduction process.

13. Black and White.
14. Color.
15. TV / movie / video: must have been available for sale, or will be shown on television, in movie theaters, or for special programs.

PHOTOGRAPHY – MEMBERS CHOICE

16. Members may submit BW or color prints 2-dimensional art; or 3-dimensional art. These can be from any year. Print size is 8 X 10 or 8 X 12 inches on a mat not exceed 12 X 14 inches, unframed. These entries will be displayed at the conference. Members will judge entries at the conference. Entries may be brought to the conference or received by March 15. Place your name and designate "Members' Choice" with the photos.

WRITING

Entries will include outdoor topics such as scenic areas; travel; history; management of land, wildlife, regulations, legislation or environmental issues; and wildlife. Writing must have been published since January 1, 2001, in a publication for which payment is received, or which is part of a person's employment or volunteer effort. (However, books and TV / movie / video scripts may have been published or produced since January 1, 2000). Judges take into consideration the quality of the publication as well as the writing. If an individual has more than one written work in a publication, individual articles from that publication are to be submitted for competition.

17. Newspaper columns and newspaper articles.
18. Magazine articles.
19. Web writing. Includes e-zines and other publications. Submit a printout, and indicate how judges can check the website to view.
20. Books and scripts for TV / movie / Video (published or produced since January 1, 2000). These may include portions of the entire work, such as chapters in a book. Explain what your contribution is.
21. Newsletter articles, editorial statements or article series.

PUBLICITY

22. Published article on the 2000 conference at Bryce Canyon, Utah or the 2001 Conference at Alamogordo, New Mexico. Awards will be given for the best published works, including articles, photographs, videos, illustrations, TV, videos or movies directly related to the conference or the host site. Judges will consider the quality of the work and its publicity value to the host site. Written works may also include the author's photographs or illustrations, and the entire package will be considered for purposes of the competition.

ART

There are four areas of expertise. Subject matter should follow an outdoor theme. Due to the size and delicate nature of most art works, do not send the original but submit a 35mm slide. Although it is not mandatory, please bring the work to the conference so others may enjoy your talent. You might consider contributing your effort to the annual auction. Award will be presented for first, second, and third place.

23. Pencil, oil or acrylic, watercolor, or mixed media

PHOTOGRAPHY – NOVICE

Open to new members and members who have not won any RMOWP photo award in the past. Only outdoor subjects are considered, and may include scenics, people, flora and fauna. Any camera, including one-time, disposable cameras may be used.

24. Slides
25. Prints of any size

Photography Workshops

RMOWP Photo Workshop, June 5 – 9, 2002

Need to sharpen your photo skills? Looking for a quality mountain adventure? Want to start your vacation before the conference in Denver? Combine all these interests with the 5-day RMOWP photo workshop, held at Rocky Mountain National Park.

This year's workshop will be held from June 5 to 9 and features three outstanding instructors: Tom Ulrich, Jack Olson, and John Catsis. Last year, students photographed wildflowers, bird nests, elk, deer and bighorn sheep, along with the marvelous scenery of spectacular Rocky Mountain National Park.

For complete information, check our web page at rmowp.org or call John Catsis at 480-539-0484.

Workshops with George Lepp in April

Member Steve Traudt is the chairperson for the Southwest Photographic Arts Association, a group that is hosting a 2 Day Photo Seminar with George Lepp, April 13 & 14 in Grand Junction, CO.

What: The seminar is called, "Optimize The Possibilities."

The first day George covers traditional nature and outdoor photography, while the 2nd day is devoted to Digital Details.

Cost: Just \$129 for both days or \$69 for either day alone.

How: The program is presented on a 10x14 foot screen using a high res digital projector.

Where: The location is the Adam's Mark Hotel, just off the I-70 exit at Grand Junction.

Lodging: The hotel is offering a special rate of \$79 per night.

Who: George Lepp is one of today's foremost nationally-recognized nature photographers. His photography blends artistic perspective, knowledge of biology, and cutting-edge technical expertise. He is sought after by major photographic equipment manufacturers and publishers of leading photography magazines. George is the author of several books, including two on photographic techniques, which he both authored and published: *Beyond the Basics* and *Beyond the Basics II*. George is Field Editor for both *Outdoor Photographer* (see his popular column "Tech Tips") and *PC Photo* magazines, and writes regular columns for both. Yet despite the wide acclaim, George remains a modest and truly kind person.

Full details available on Steve's web site at:

<http://www.synvis.com>

Questions: synvis@gj.net

Tickets available from: Steve Traudt, P.O. Box 2585, Grand Junction, CO 81502

Workshops with RMOWP's Ken Wyatt

Ken Wyatt is offering several half-day, full-day, and two-day photo workshops, mainly in the Colorado Springs area with some in other Colorado locations. Workshop information is located on http://www.wyattphoto.com/Ken/html/Tours_2002.htm.

Environmental Writing Workshop

Utah State University in Logan, UT is hosting the O.C. Tanner Symposium "The Search for A Common Language: Environmental Writing and Education." Speakers will include: Jens Brosenberg, Dan Flores, Harmut Grassl, William Kittredge, Ellen Meloy, Jennifer Price, Robert Michael Pyle, Keith Wilson, Susan Tweit, Kent Rydon, Annick Smith, Craig Stanford and Louis Owens.

The symposium will be April 18-20, 2002 and registration is free. For more information agenda, speakers' profiles, and on-line registration, visit the web site: <http://www.hass.usu.edu/tanner/>.

Full Moon Schedules

In Ken Wyatt's Winter 2002 newsletter, he had a little tidbit about finding full moon, sunrises, and sunsets. With his permission, here's the info.:

For those of us who enjoy including the full moon in our photographs, there is a good web site hosted by the U.S. Naval Observatory, <http://aa.usno.navy.mil>. This site will calculate the sunset, sunrise, moonset, and moonrise days and times, given the nearest city.

Here is the full moon information for 2002. Jan 28, Feb 27, Mar 28, Apr 27, May 26, Jun 24, Jul 24, Aug 22, Sep 21, Oct 21, Nov 20, and Dec 19. This may guide you in planning photo outings.

Editor's Note: It took me a few minutes to figure out this site, but it's pretty simple. First click on Data Services. For full moon, click on Phases of the Moon then the year. Remember universal time is based in Greenwich, England, seven hours ahead of MST (six during MDT). Once armed with date and time, go back to Data Services and click on sunrise/sunset times and enter your location. Or just use sunrise/sunset times for good light.

Web Master's Corner

By Phil Springer

I am continuing to upgrade the RMOWP web site a little more, almost each day, to make information current, the navigation easier and the site look more professional. I welcome any constructive criticisms and new ideas.

RMOWP Photographer of the Month...a slide presentation of photo works of our members. Maryann Gaug is featured this month and we have a new member that will be featured in February and April but I need a new one for March. Go online to read the detailed requirements or contact me if you are interested.

RMOWP Featured Outdoor Story...unpublished works from our talented membership. Maybe a publisher will like what they see. One of our newest members, Joel Evans, has sent me a couple of stories to list. Go online and read them then send me some of your unpublished articles.

I can use more postings for the **RMOWP On-Line Tear Sheets**...a feature to list some of your recent online photo and writing credits. I'll continue to work as hard as you want to help you promote your work. Just send me the information and I'll post it on the web site. Any questions please contact me.

Jim Tallon was kind enough to send me some photos and information for a new feature called "Want to go camping?" Go online to check it out. If you have any additional ideas please contact me at phil@rmowp.org.

New Problems In Mailing Photographic Materials

From Kelly Gatlin

Kelly sends us information from the National Association of Nature Photographers.

Since the Postal Service has been forced to begin irradiating some of the mail it delivers, there is an increased risk of damage to photographic and imaging materials that photographers regularly send through the mail.

The risks are greatest when sending anything to federal government offices, since this is where all mail is being irradiated now. This may become more widespread in the future as the Postal Service begins irradiating mail passing through its major distribution centers.

The primary danger is heat. Apparently, the irradiation process can cause plastic material to heat to the point of softening and distorting. This will damage not only slides and negatives, but things like CD cases as well.

There is a more insidious problem awaiting photographers who make their own CDs for mailing. The CD-R and CD-RW recording process relies on heat to imprint data on blank media. Exposure to additional, external heating can ruin your recorded data, even if the plastic substrate is not affected. Just try leaving a freshly recorded CD in a car in the sun sometime and you'll get a perfect example of what can happen.

Before sending your slides, negatives, or CDs to any federal government office, contact the recipient and make delivery arrangements before sending. For non-governmental deliveries, it is safer (for your materials) to send them via FedEx, UPS, or other carriers.

Winter Photo Tips

By Lynn Starnes

I use the charcoal packs for toes or hands that you can buy in ski shops for both myself and my gear. This may sound like an odd warning, but you have to be careful with these charcoal packs. In a small insulated container on a sunny day, they can get your film or lens too warm. Then you have a different problem—fog. I have sensitive hands due to previous frost bite. These charcoal packs allow me to be out in the coldest weather! I never allow the charcoal to touch my gear directly. I keep the pack in an eye glass case or some other container.

Lastly, when I am out photographing on snowshoes or cross country skis, I share my skis or snowshoes with two legs of my tripod. I carry a spare set of snowshoes with me for the third leg of the tripod. Of all the winter gear that I carry, the snowshoes for the tripod are among the lightest.



Bison in Yellowstone in January

Photo by Lynn Starnes

Cholesterol

By Dr. Beto Gutierrez

"Doc, just give me something for my sore throat and I'll be fine. I don't have time for a lecture now. The guys at the hunting lease are waiting for the corn in the back of my truck. I've got to get going." This from a mid-forties slightly overweight school counselor. He looked soft and minus much exercise other than climbing his deer blind. I wrote for congestion medicine and wished him well. He and others refuse to believe that an unhealthy lifestyle leads to medical problems early in life.

Several months later his wife called to inform me of his heart attack while changing a flat tire. No doubt a check of his cholesterol would reveal a high reading and with proper lifestyle changes and appropriate medications he might have prevented his coronary event.

Cholesterol is mentioned everywhere. We see and hear about it on TV, radio, and most major magazines. They warn about high cholesterol and the ramifications it brings to the unlucky in the form of heart disease, strokes, and peripheral vascular disease. What is cholesterol and what does it do if unchecked?

Cholesterol is a soapy waxy substance necessary for many of our bodily functions. It is instrumental in the production of hormones, vitamin D, and in the sheath that insulates nerve fibers. We get in trouble when our body produces too much of it. Excess cholesterol comes from diets rich in animal origin such as meat, dairy products, and by product of the same. Vegetables, grains, and fruits generally do not contain cholesterol. The vehicles that transport cholesterol in our body are proteins labeled LDL and HDL. High-density lipoprotein (HDL) picks up cholesterol and carries it to the liver for processing into substances the body needs for daily function. Low-density lipoprotein (LDL) carries excess cholesterol to major arteries causing heart, brain, and peripheral vascular disease. We can increase good cholesterol or HDL by exercise, proper diet, and not smoking. LDL can be lowered or kept in check by watching our intake of saturated fats found mostly in animal origin foodstuffs. Too much cholesterol leads to arteriosclerosis or hardening of the arteries. This process over time leads to heart attacks, strokes, kidney failure, and blindness. There are other factors that contribute to arterial disease such as genetics, smoking, and a sedentary lifestyle. You can't refute your parental origin but you can take charge of your lifestyle.

It is kind of simple. Stay away from red meats, dairy products, and fast food items. Enjoy poultry, fish, vegetables, fruits, and grains. Learn to drink low fat milk and switch to yogurt from ice cream. There are diet modifications that encourage a low fat profile but still are nutritious and palatable. Exercise helps to decrease cholesterol, as does quitting smoking. Foster a fat free diet and enjoy cleaner arteries for years to come. In the event that proper diet and lifestyle changes do not lower your cholesterol to a healthy level, your doctor will prescribe one of several medications to help reach your goal. Reaching healthy cholesterol levels is not hard to do and it should not alter your enjoyment of life. On the contrary, it will enrich and make it longer.

Wind Chill Just Got Warmer (Usually)

Throw out your old wind chill charts and get the new one for accurate reporting. A new formula reflecting reality of the human face and height was accepted in October 2001. Check out: www.nws.noaa.gov/om/windchill/index.shtml and www.drddc-rddc.dnd.ca/newsevents/newstand/release/011030wchill_e.html.

Supporting Member News

From American Sportfishing Association

January 14, 2002

FishAmerica, Wellington Announce Conservation Partnership to Benefit the Nation's Fisheries Resources First Project to be undertaken at Lake Hamilton, Arkansas

Alexandria, VA - A shared desire to improve America's fisheries resources has resulted in a partnership between Wellington Leisure Products, a manufacturer of watersports products, and the non-profit FishAmerica Foundation.

"We are proud to take this extra step toward the conservation of our nation's fisheries," says Dan Roberts, Executive Vice President of Wellington and a member of the FishAmerica Foundation Conservation Projects Committee. "These irreplaceable natural resources provide habitat for a multitude of sportfish species. They also benefit local communities and millions of fishing and boating enthusiasts nationwide."

Under the terms of the agreement released today, a portion of each sale of a specially designed Wellington life jacket emblazoned with the FishAmerica logo will go towards restoring fish habitat in communities across the nation. The special offer FishAmerica life jackets - available in children, youth and adult sizes - will be sold in Wal-Mart Stores and other leading retailers beginning in May 2002. Wellington has committed to donating at least \$16,000 for FishAmerica within the first six months of the program.

"Wellington makes a high quality, Coast Guard approved life jacket at a good value," said Phillip McKnight, Buyer, Marine Products and Water Sports for Wal-Mart Stores. "The fact that each sale supports FishAmerica is the icing on the cake."

First among the beneficiaries of Wellington's life jacket program is a FishAmerica project at Lake Hamilton and Lake Catherine, Arkansas. The project will install artificial habitat to restore degraded natural structure and cover. Lake Hamilton is a 7,000-acre lake with 4 public boat ramps and Lake Catherine is a 2,000-acre lake with 3 public boat ramps. Both lakes support largemouth bass, spotted bass, bluegill, black and white crappie, walleye and catfish.

"Habitat destruction and water quality degradation continue to threaten our fisheries resources and leisure activities," said Tom Marshall, Managing Director, FishAmerica Foundation. "With Wellington by our side, FishAmerica will be able to cure many of these ailments."

FishAmerica Foundation is the conservation and research projects arm of the American Sportfishing Association. In the past 19 years, FishAmerica has helped nearly 700 grassroots organizations enhance fish populations and water quality throughout North America. For more information, please visit <http://www.fishamerica.org>.

Wellington Leisure Products is a privately held company, based in Madison, GA. Wellington is a leading producer of rope and cordage, life vests and outdoor seasonal products.

For more information, contact:
Forbes DARBY, Director of Communications
American Sportfishing Association
225 Reinekers Lane, Suite 420
Alexandria, VA 22314
p: (703) 519-9691
f: (703) 519-1872
fdarby@asafishing.org

"Good Shots, Great Stories" Contest

National Shooting Sports Foundation is sponsoring its 5th Annual writing and photography contest. It is designed to encourage outdoor and general media to do positive stories about *the responsible, skilled and dedicated people who participate in the shooting sports*, and to reward journalists for the quality stories, show and photographs they produce. When such stories are published or aired, they have a positive effect on the audience's perception of our sports and the people associated with them. The importance of doing these type of stories, especially in these challenging times for the shooting sports, cannot be overstated.

Print entries must have been published or aired between April 1, 2001 and March 31, 2002. All entries must be postmarked by April 1, 2002. The contest is open to newspaper, magazine, radio and television media. First-place winners in each category receive \$1,000, second place \$500, and third place \$250. Forty-eight prizes will be awarded totaling \$28,000.

For an entry form call NSSF at 203-426-1320, email bbrassard@nssf.org, or visit www.nssf.org where contest rules and an entry form can be printed.

More details are also available on RMOWP's website, www.rmowp.org.

Remember the childhood joy of sliding down the snow?



Photo by Paul Homan